



# Watching & Waiting

Advent reflections from the  
Apostles of the Sacred Heart of Jesus

## Week 4: Trust in God's Love!

*Do not be afraid, Mary. Do not be afraid, Joseph.*

Having heard these words in separate angelic manifestations, Mary and Joseph individually uttered their courageous “Yes” to God. Both Mary and Joseph placed themselves in the hands of God to be what He willed. Mary was to become the Mother of God and Joseph, the foster father of Jesus. This “Yes” was the beginning of their arduous journey to Bethlehem. Nothing could prevent them from fulfilling their mission—not the doubt in people’s minds, not the treacherous journey, not finding a decent place to stay, not preparing a humble place for the infant’s birth; nothing could discourage them. What trust, what faith, what obedience, and above all, what LOVE!

The entire world, all time was to change. Jesus the Savior was to be born, born of the Virgin Mary and under the protection of Joseph, a man with the “heart of a father.” Mary and Joseph trusted God’s word to them, “Do not be afraid,” and trusted in God’s love for us.

Blessed Clelia Merloni wrote “Trust in God and miracles will happen.” God also trusted Mary and Joseph and the miracle of miracles happened: the Word became flesh and dwelt among us. LOVE has come. We have nothing to fear.

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